

Is this Quest for me?

Add up how many "YES's" you have at the end of the " Quest Quiz!" The more "yes" answers, the more YOUR place at Rest Quest becomes certain!

- 1—I have attended one of Pat's Imagine Me..Set Free or Life Unstuck Conferences at my church, but would really benefit from some time set aside to replenish my soul.
- 2—I need some help "lightening up" my life. I want to take an intentional step towards simplicity, peace and REST.
- 3—I have been so busy just doing life that I have lost myself a bit. I would be blessed by having some "It's All About Me" time to get refreshed, restored and recharged!
- 4—Life has beaten me down lately. I know God has me. I know He loves me. I know He has plans for my good; yet, I need a bit of faith fertilizer to get me to the next season of my life.
- 5—I have "been there, done that" with the large platform speaker events. They are awesome and I get lots of great information and growth material. However, I yearn for more directed time. I'm ready to see some of what I've learned "come to life" for me.
- 6—The weekend just sounds FUN and just what I need. I am worth the investment! I only have one ME to take care of THEM!!
- 7—I have an idea of what my "calling" is. I just need some time and some peaceful work space to nurture fresh vitality into my life, business, ministry, etc.
- 8---I am not STUCK everywhere, but I am STUCK somewhere. I have some STUFF that is holding me back—heartbreak, disappointment, broken dreams. I want to shine a light on those trouble spots and engage the necessary steps, right here, right now, to enjoy MY Life Unstuck!!
- 9—I know how God has BEEN using my life but I sense a turning of the times, a change of seasons. I need to hear from Him about what is next and how to follow!
- 10--You heart yearns to PLAY a little with a few girlfriends who get who you are and what you do—though crafting and creating.